Welcome Back to School

Child Nutrition Services is excited to welcome in the 2021-2022 school year

CCS Child Nutrition Services participates in the federally assisted National School Lunch (NSLP), National School Breakfast (NSBP), and Summer Food Service Programs. We are committed to providing nutritionally balanced, low-cost or no-cost meals to students. Please visit http://cn.ccs.k12.nc.us/ to learn more about our program.

Here are some helpful tips about Child Nutrition Services:

- School meals contain fruits, vegetables, whole grains, nonfat or low-fat milk and less sodium and fat.
 - At breakfast, students may select: milk, fruit, 100% fruit juice and a breakfast entrée.
 - At lunch, students may select: milk, entrée and a variety of fruits and vegetables.
- Student meal are free for the 2021-2022 school year, based on temporary authorization by USDA.
 - Students are allowed one breakfast and one lunch per school day at no charge.
 - Students may purchase additional items at a la carte prices.
- Options to view menus:
 - Visit http://cn.ccs.k12.nc.us/ and click on the "monthly menus" tab. Also you can click on the "email menu sign-up" tab to receive menus by email.
 - Download the "CCS" app or the "Web Menu" app on your mobile device available on Apple and Androids.
- A la carte items that meet Smart Snack guidelines may be purchased in the cafeteria. The a la carte selection may include 100% fruit juice, bottled water, crackers, frozen treats, etc.
- Students may pay in advance in the cafeteria for meals and a la carte items. An online service is also available for prepayment at www.k12paymentcenter.com, once the student has a PowerSchool number assigned to them.
- ❖ If your student has food allergies or other dietary restrictions, a Special Diet Order Form needs to be completed, signed by your child's physician and returned to the Cafeteria Manager and School Office/Nurse. Forms can be obtained in the school cafeteria and on the Child Nutrition website.

Free & Reduced Meal Applications are STILL NEEDED

- Meal Applications need to be submitted, even though student meals are free. They are required to qualify students for more than just free or reduced priced meals (reduced fees for testing and other programs, PEBT benefits, etc.). The meal applications also impact funding levels for the school district.
- The USDA approval for all students eating free DOES NOT automatically qualify students for the additional benefits associated with qualifying for free or reduced meals. Students must meet qualify through the standard methods through a meal application, direct certification (FNS/SNAP, homeless, foster, or migrant), or enrollment in a school participating in the Community Eligibility Provision.
- ❖ A Free and Reduced-Priced Meal Application must be renewed yearly. There are 2 options available for filling out an application:
 - Option 1: Applications can be filled out online at www.LunchApplication.com and click on the "Apply Now" button on the left-hand side of the page.
 - Option 2: Fill out a paper application. Paper applications will be handed out by the school. Only one application has to be filled out per family.

Note: Free and Reduced-Priced Meal Applications may be submitted/updated at any time during the school year.



BENEFIT OPPORTUNITIES

Pay starting at \$11.43/hr | Paid Leave & Holidays No Nights/Weekends | Lunch at No Charge Advancement | Health, Dental, & Life Insurance 401-K | Retirement | Longevity Pay | Work Perks



